

Intro Mini-Story Text

Hi this is AJ Hoge. Welcome to the mini-story for “Introduction to Power English”. Let’s get started. In the mini-story I will tell a kind of strange, funny, stupid story. Usually actually I will ask the story. It means I will ask a lot of questions. The reason I ask these questions is to get a lot of repetition so that the grammar structure, the grammar pattern will go into your brain deeply because you’re getting it again and again and again.

You don’t need to think about it. Just relax, listen to the story, answer the questions quickly. If you need to you can pause your iPod, pause your computer and answer the questions. Or if it’s too fast, just listen. You don’t have to speak. Speaking is optional. If you can do it, if you want to answer the questions, great! Shout them out. If you don’t, if it’s too difficult or you’re in a train with other people, that’s fine. Just listen and relax, that’s okay too. Okay, let’s start.

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There was a beautiful woman named Sophie. Sophie had to play Tiger Woods in golf in just one month.

Who had to play Tiger Woods in golf in just one month?

Well, Sophie. Sophie had to play Tiger Woods in golf in just one month.

What kind of woman was Sophie?

Sophie was a beautiful woman.

Who did she have to play?

Tiger Woods, she had to play Tiger Woods.

Who had to play Tiger Woods?

Sophie, Sophie had to play Tiger Woods.

In tennis, right?

No, no, no, not in tennis. In golf, Sophie had to play Tiger Woods in golf.

When did Sophie have to play Tiger Woods in golf?

In one month, Sophie had to play Tiger Woods in golf in just one month.

Was Sophie worried or was Sophie happy?

Sophie was worried.

Why was she worried?

Because Tiger Woods is the number one golfer in the world and Sophie was not good.

Was Sophie a good golfer?

No, no, no, no, no. Sophie was a terrible golfer in fact.

Was Tiger Woods a good golfer?

Oh yes, of course. Tiger Woods was a great golfer. And he still is a great golfer.

So Sophie went to Japan.

Where did she go?

Japan, Sophie went to Japan.

Who went to Japan?

That's right, Sophie. Sophie went to Japan.

Why did she go to Japan?

To find a golf coach, of course.

She went to Japan to find a golf coach.

Where did she go to find a golf coach?

To Japan, she went to Japan to find a golf coach.

To find what?

A golf coach, she went to Japan to find a golf coach.

She found a coach named Yoda.

What was the coach's name?

Yoda, the coach's name was Yoda.

Was the coach's name Bob?

No, the coach's name was not Bob. The coach's name was Yoda.

Whose name was Yoda?

Well, the coach's name was Yoda.

What was Yoda?

Yoda was a golf coach.

He said "I can help you learn golf Sophie." He said "If you use your subconscious, you will become a golf master."

What did Yoda say?

He said "If you use your subconscious, you will become a golf master."

What did Sophie need to use?

Her subconscious, Yoda said "If you use your subconscious, you will become a golf master."

So if she used her subconscious, what would she become?

A golf master, he said "If you use your subconscious, you will become a golf master."

Would she become a tennis master or would she become a golf master if she used her subconscious?

Well, if she used her subconscious, of course she would become a golf master.

What did she have to use?

Her subconscious, she had to use her subconscious to become a golf master.

Who said this to Sophie?

Yoda, Yoda said this to Sophie.

What did he say?

He said "If you use your subconscious, you will become a golf master."

So Sophie tried to use her subconscious. She closed her eyes every time she played golf. Yoda said "Use your subconscious, close your eyes." Unfortunately, it didn't work.

Did Sophie become a golf master?

No, she didn't. She did not.

Every time she hit the ball it went into the trees.

Did Sophie try to use her subconscious?

Yeah, she did. She tried to use her subconscious. She closed her eyes and tried to use her subconscious.

When she tried to use her subconscious, was she successful?

No, she wasn't. She was not successful when she tried to use her subconscious. Every time she hit the ball it went into the woods, into the trees. Poor Sophie.

So Sophie went to Hawaii.

Who went to Hawaii? Yoda?

Not Yoda, Sophie. Sophie went to Hawaii.

Why did she go to Hawaii.

To find another golf coach.

Why did she go?

To find another golf coach.

Did Tiger Woods go to Hawaii?

No, no, no. Tiger Woods didn't go to Hawaii.

Where did Tiger Woods go?

South Carolina.

Tiger Woods went to South Carolina.

Where did Sophie go?

She went to Hawaii.

Why did Tiger Woods go to South Carolina?

Well, to find a coach.

He also wanted a golf coach. He found an Army golf coach. The Army golf coach said "You must run 30 miles every day."

Did Tiger Woods close his eyes when he played golf?

No, no, no. He didn't try to use his subconscious. Tiger Woods ran 30 miles every day. He did not try to use his subconscious. Sophie had tried to use her subconscious. Tiger Woods did not.

So Sophie went to Hawaii and she found a surfing golf coach named Farley.

What kind of golf coach did she find?

A surfing golf coach.

Who found a surfing golf coach?

Sophie, Sophie found a surfing golf coach.

He said "If you practice and surf every day, you will always succeed."

What did she have to do?

She had to practice golf while surfing.

Did she have to practice golf and surfing at the same time or at different times?

Well, at the same time. She had to practice golf while surfing, at the same time as surfing.

So she got on the surfboard. She was surfing and she was trying to play golf at the same time.

Who was trying to practice golf while surfing? Tiger Woods?

No, not Tiger Woods, Sophie. Sophie was trying to surf while playing golf. She was trying to play golf while surfing.

Was she successful?

No, unfortunately not.

She got very wet but she did not improve.

Was Sophie successful practicing golf and surfing?

No, she wasn't.

She fell into the water every time. Every time she got wet. She was still a terrible golfer.

Was Tiger Woods still a terrible golfer?

No, of course not, Tiger Woods was still a great golfer, the best golfer.

So who was still a terrible golfer?

Sophie, Sophie was still a terrible golfer.

She had tried to use her subconscious and she failed. She had tried to surf and play golf and she had failed. Now she was very worried. Only one more week to play Tiger Woods. She went to San Diego.

Why did she go to San Diego?

Well, of course, she went to San Diego to find another golf coach.

Why did she go?

To find another golf coach.

She went to Tony Robbins.

Who was Tony Robbins?

Tony Robbins was a peak performance coach.

Was he a peak performance coach? Or did he teach people to do things badly?

Well, of course, he was a peak performance coach. He taught people to do things very well.

Who was a peak performance coach?

Tony Robbins, Tony Robbins was a peak performance coach.

Was Sophie a peak performance coach?

No, she wasn't. Sophie was a terrible golfer. Tony Robbins was a peak performance coach.

Sophie said "Help me, Tony. Help me." Tony said "If you engage your physiology, you will be a master."

What did he say?

He said "If you engage your physiology, you will be a master."

Did Tony want her to use her mind, her brain?

No, no, no. He said "If you engage your physiology, you will be a master." Your body.

Did he want her to use her body very well or did he want her to use her mind, her brain very well?

He wanted her to use her body, her physiology. He said "If you engage your physiology," if you use your body, "you will be a master."

Who wanted Sophie to engage her physiology?

Tony Robbins, Tony Robbins wanted Sophie to engage her physiology. Tony Robbins wanted Sophie to use her body correctly in a peak performance way.

Tony taught her to get into a peak state.

Did he teach her to feel bad?

No, no, no. He taught her the opposite. He taught her to get into a peak emotional state. He taught her to feel really great.

Was she in a peak emotional state or a bad emotional state?

She was in a peak emotional state, a top emotional state. She felt top, great, wonderful, best.

Who was in a peak emotional state?

Sophie, Sophie was in a peak emotional state.

Then Tony said “Now practice golf.”

Did Sophie practice golf while she was in a peak emotional state?

Yes, exactly. Sophie practiced golf while she was in a peak emotional state.

Did she practice golf at the same time that she was in a peak emotional state?

Yes, at the same time. She practiced golf while she was in a peak emotional state.

She improved very quickly. Finally, the day came. Sophie played Tiger Woods. Tiger was very tired. He looked very tired. But Sophie was in a peak emotional state during the whole game. Finally, at the end of the game Sophie won. She beat Tiger Woods! Tiger cried “Sophie, you’re the best now.” He wrote a check to Sophie for \$85 million.

How much money did Tiger give Sophie?

\$85 million, he wrote a check for \$85 million. He gave Sophie \$85 million.

How much did Sophie earn?

She earned \$85 million.

Did Tiger Woods earn \$85 million or lose \$85 million?

Tiger lost \$85 million.

Was Tiger happy?

No, he wasn’t.

Tiger cried and cried. He was very sad.

Was Tiger in a peak emotional state?

No, Tiger was in a terrible emotional state. He was sad. He was depressed. He was in a very bad emotional state.

How about Sophie? Was Sophie in a great, top, peak emotional state?

Oh yeah, she was in a top, great, fantastic, peak emotional state. She was happy, she was excited and now she was rich.

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Okay, that is the end of the mini-story for the "Introduction to Power English." Again, listen to this mini-story once or twice every day for seven days or more. The questions, the repetition will help you effortlessly learn the vocabulary and you'll be learning grammar, too. It's kind of a secret grammar method. Don't think about the grammar, please do not think about it. Just relax, listen to the questions, answer the questions. And every day you will start to learn these basic patterns of English, again and again and again, more deeply each day. So again, listen to this lesson every day for seven days or more. If you get bored, move your body, jump up and down, feel better and then start again.